



fresh • seasonal • homemade

DELIVERY MENU



SERVED FROM TUE TO SUN 10AM - 6 PM

MINT FAVOURITES

GREEK SPINACH & FETA PIE

In our homemade shortcrust pastry served with kiwi fruit relish **€5.50 (V/D)**

GOURMET LASAGNE

Layers of spiced pumpkin, grilled aubergine, rich beef & pork ragu **€8.50 (D)**

SPANISH CHORIZO & POTATO GRATIN

Layers of potato, mild cheddar, Spanish chorizo, finished with fresh cream & topped with smoked paprika **€7.50 (D/GF)**

SWEET POTATO & CELERIAC GRATIN

Layers of sweet potato, mild cheddar, celeriac finished with fresh cream **€6.50 (D/V/GF)**

GOURMET NEW ZEALAND LAMB SAUSAGE ROLL

In house minced New Zealand Lamb leg, roasted pistachio, preserved lemon, spicy homemade harissa encased in crispy puff pastry served with our house garlic aioli **€5.50 (N)**

VEGAN CHILI & RICE

A selection of seasonal Mediterranean vegetables, fresh chili in a smoked Spanish paprika based ragu, on a bed of plain rice. **€6.00 (V/GF)**

CREAMY CHICKEN & MUSHROOM PIE

Encased in our homemade shortcrust pastry **€7.50 (D)**

CHICKEN BROCCOLI PASTA BAKE

In a creamy Dijon mustard base **€6.50 (D)**

VEGETARIAN PASTA BAKE

A mix of seasonal Mediterranean vegetables in a Spanish smoked paprika tomato based sauce **€6.50 (V/D)**

CIABATTA / FTIRA

Please indicate your preference toasted or not.

ALL-DAY BREAKFAST PANINI

(recommended toasted)
Crispy bacon, egg, fresh tomato, balsamic onion jam and homemade tomato relish **€5.50**

GRILLED CHICKEN & BRIE

(recommended toasted)
Lightly seasoned grilled chicken breast, soft creamy French brie, fresh tomato and homemade kiwi fruit relish in a classic Maltese ftira **€5.80 (D)**

VEGAN BBQ PULLED JACKFRUIT

(recommended toasted)
Vegan BBQ pulled jackfruit, grilled aubergine, avocado on whole meal sunflower seed roll **€5.90 (V)**

(V) VEGETARIAN / (D) DAIRY / (GF) GLUTEN FREE / (N) CONTAINS NUTS



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SALADS

GRILLED CHICKEN PESTO PASTA SALAD

Lightly seasoned grilled chicken breast, homemade pesto, cherry tomatoes, fresh basil, shaved parmiggiano Reggiano, drizzled with extra virgin olive oil

Side €4.80 / Main €9.10 (D)

ROAST MEDITERRANEAN VEGETABLE COUS COUS SALAD

A selection of seasonal Mediterranean vegetables roasted in garlic & fresh rosemary, spring onions, fresh coriander, parsley & dill. Vegan

Side €4.80 / Main €9.10 (V)

MIDDLE EASTERN LENTIL SALAD

Grilled aubergine, flaked almonds, fresh coriander, parsley, cherry tomatoes with a Middle Eastern spiced dressing. Vegan

Side €4.80 / Main €9.10 (GF)

ARGENTINEAN BEAN CHIMICHURRI SALAD

Flame roasted red peppers, kidney beans, fresh tomatoes, red onion, avocado, fresh coriander, fresh chili in a traditional spicy Chimichurri dressing. Vegan

Side €4.80 / Main €9.10 (GF)

SWEETS

DAIRY FREE

BANANA BREAD €3.00

PECAN CHOCOLATE

CHIP COOKIE €2.50 (N)

COCONUT TREAT

Dried apricots, dried figs, dates, shredded coconut, ground almonds, pecans, dark chocolate €2.80 (N/D/GF)

OATY SLICE

Shredded coconut, rolled oats, pumpkin / sunflower seeds, raisins €2.50 (D)

MUESLI BAR

Rolled oats, shredded coconut, currants, sunflower / pumpkin / sesame seeds, peanuts €1.90 (N/D)

MINT SIGNATURE NEW ZEALAND

CARROT CAKE €3.80 (N/D)

MEGA DOUBLE CHOCOLATE BROWNIE

(recommended warm) €5.50 (N/D)

CHOCOLATE CHEESECAKE

BROWNIE €3.80 (N/D)

VEGAN RAW ENERGY BALLS

Dates, apricots, cranberries, toasted sesame seeds €3.30 x3 (GF)

LEMON COCONUT SLICE

Dates, almonds, lemon, desiccated coconut €3.80 (GF)

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JUICES

FRESH ORANGE JUICE

Regular €3.20 / Large €3.50

CLEANSING

Carrot, apple, celery & ginger

Regular €3.50 / Large €3.90

BEET IT

Beetroot, apple, carrot, lemon

Regular €3.50 / Large €3.90

DIABETIC

Apple, pear, cinnamon

Regular €3.50 / Large €3.90

MINT COOLER

Cucumber, apple, celery, mint

Regular €3.50 / Large €3.90

ENERGIZER

Strawberries, orange, banana

Regular €3.50 / Large €3.90

HOMEMADE FRESH LEMONADE

€2.50

SMOOTHIES

STRAWBERRY HEAVEN

Strawberries, plain yoghurt,
honey, milk

€3.80 (D)

HANGOVER CURE

Banana, plain yoghurt,
honey, milk

€3.80 (D)

VEGAN SUPER BREAKFAST SMOOTHIE

Homemade granola, banana,
fresh apple juice

€5.00 (N)

FOR TAKE AWAY ORDERS CALL

21337177

WE ACCEPT REVOLUT PAYMENT

Please inform us of any food allergies or intolerances.
For our whole cake selection please visit our website
www.mintmalta.com

For your delivery through Bolt and Wolt you can place complete contactless orders & payments.

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